

Please return my passport to me when I am discharged

My Hospital Passport



My name is:

I like to be known as:

Type of home I live in:

E.g. supported living, family home

Hours of staff support I get each day:

Who to contact for more information about me:

Adverse drug reactions or allergies

If I go to hospital this book needs to go with me. This is essential reading for all hospital staff working with me. It gives important information about me. This book should be kept at the end of my bed, with my notes, and used when you talk to me.



Things you must know about me



Things that are important to me



My likes and dislikes

Filled in by:
please sign here

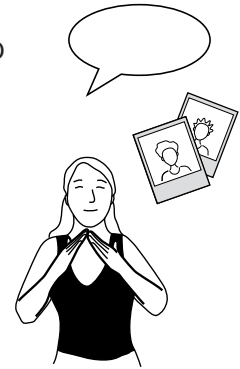
Date:

Things you must know about me



Communication - How well I use and understand speech

Other ways I use to communicate - signing or pictures ?
How I show how I feel - How I communicate yes and no



Eating and drinking - What help I need, and food allergies or intolerances?

Does my food need to be cut up or liquidised? Is there a risk I may choke? Do I use special equipment? Do I need help filling in menus?



[See also the likes and dislikes section](#)

Pain - How I show I'm in pain and how to support me



How I take medication - One tablet at a time, on a spoon, via a syringe?

Do I need help to make sure I have swallowed?



My sight and hearing - Any problems I have? Any aids I use?



How to support me if I'm anxious, worried or upset



Behaviours I have that may be challenging or cause risk

What you can do to support me with my behaviours - things that help me relax

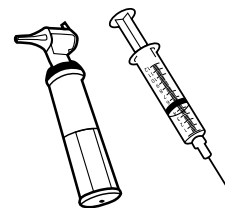


Keeping me safe - Do I wander? Could I fall out of bed?



How to support me with medical interventions

Taking my temperature, blood pressure, blood test, giving injections



Other vital information - e.g. advance care decision and other allergies



How I usually am - for example do I sleep a lot, am I usually very quiet



Things that are important to me



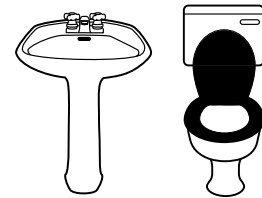
Important people

Family, friends, keyworker?

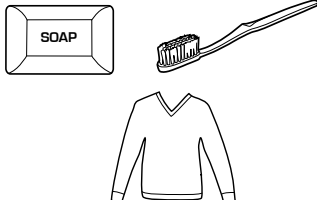
Level of support I need

Who needs to stay and how often?

How I use the toilet - e.g. continence aids, getting to the toilet

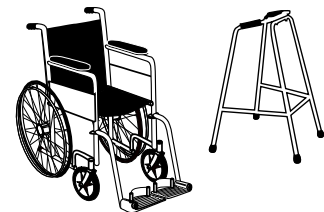


Personal care - Dressing, washing, and teeth cleaning support I need



Moving around - e.g. posture in bed, walking aids and wheelchair

Do I need help with moving around?



Sleeping - Sleep pattern / routine



My likes and dislikes

Things I like

Things important to me, I enjoy and help me relax.

Food and drink I like ✓

Clothes and shoes I like to wear



Things I like

Could include:

favourite music
TV Programmes
favourite foods
activities
how I relax



Things I don't like

Could include:

things that worry me
food I don't like
ways I don't like
being treated

Things I don't like

Things that make me unhappy, anxious or scared.

Food and drink I don't like ✗

Learning Disability Acute Liaison Nurses

There are 3 Learning Disability Acute Liaison Nurses who can provide additional advice and support for people with learning disabilities, acute staff and and supporters at the following hospitals:

Ashford and St.Peters Hospital

Frimley Park Hospital

Royal Surrey County Hospital

East Surrey Hospital

Epsom General Hospital

You can write the name and contact details of the acute liaison nurse supporting you here.

You can contact the service by phoning: 07774126981 or 01483 571122 Ext 2545

Community Learning Disability Teams

The teams provide specialist support to people with a learning disability.

East Surrey

Redhill / Reigate / Horley

Phone: 01737 288288

Tandridge

Phone: 01883 382387

South West Surrey

Guildford

Phone: 01483 532767

Frimley

Phone: 01483 782940

North West Surrey

Chertsey

Phone: 01932 876666

Mid Surrey

Dorking

Phone: 01306 502401

East Elmbridge

Phone: 020 8541 535

Epsom & Ewell

Phone: 01372 202100

You can write the name of any Community Learning Disability Team contact here.

Surrey County Council - social care services

Phone: 03456 009 009

This version of The Hospital Passport was designed by The Clear Communication People Ltd

Email: mike@communicationpeople.co.uk for more information

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